

2019 - 2020 Season Prep Letter

Dear returning, new, and potential Joshua Christian Academy parents and coaches:

I Hope all of you have enjoyed your sport seasons thus far. I am extremely excited about this upcoming season. I can't wait to get into the games with all of our coaches and players. The following contains information for the upcoming seasons.

Several players will be receiving invites to camps across the state and country. Please discuss with Coach Wiley or Coach Green before signing up or paying, as there will be practice most weeks. There will be discussions on plans for camps and/or clinics. We will be able to assist with getting players into some of the best camps/clinics.

HOW TO PREPARE FOR THE 2019 SEASON

Please refer to the 2019 – 2020 Checklist. This will aid in making sure that you have all of the information required for our first practice.

Every player and coach must listen to:

AUDIOBOOK: THE ENERGY BUS by Jon Gordon

Each year we will choose an audiobook for our coaches and players listen to and have as a theme to start the season. This year we are going to use "The Energy Bus". It never gets old and we have enough young players that this is the time to instill the philosophies. All coaches and players will have to listen to the book and take a test on the book. Get on board with athletics and LET'S RIDE!!!!!!!!

1. Download the app "Audible"

2. Go to Amazon and search for "The Energy Bus" audible book and purchase. Cost \$9.95

3. Once you purchase on Amazon, the book will download into the Audible app on your phone.

This is good for iPhone and Android

Practice Information

It is mandatory for players to attend the Winter, Spring, and Summer. It is also extremely important for parents to attend the informational meeting the first weeks of practice. More details will be given out. The meeting runs about 1-2 hours + question and answer session. The overall meeting for the year will be October, 2019 @ 6p.m.

Make sure to eat breakfast in the morning, bring water, and eat healthy snacks EVERY PRACTICE.

FITNESS TEST

This season, Joshua Christian Academy will perform a fitness test on all players in the program. All players will need to complete and pass the test in order to receive any of your JCA gear and apparel.

All players will complete the fitness test starting the first practice weekend.

If your high school team ended in the state finals, then you should take a few days (at least 4-5) off and relax. You should not be out of shape for the fitness test. If your season ended early in the playoffs, you must work out to stay in shape.

The best way to prepare is to run 2-3 times a week including sprint work, as well as skill specific drills on your own.

2019 – 2020 Joshua Christian Academy TEAMS

This season, we are planning to have 8 teams:

Joshua Christian Academy has been all over observing and recruiting players for all of the teams. Coaches will use the first couple of weeks of practice to evaluate players and determined the skill levels. Parents and players must understand that a player does not try-out for a particular team to be a part of the program. Only coaches reserve the right to place players on teams at any time.

Once players are selected to participate in the program, players are strongly encouraged to not play in two programs. This will interfere with team chemistry and can burn players out.

Please see Dean Green directly for further clarification if needed or to discuss further.

Teams

This season we are looking to fill the following possible teams

Middle School Basketball

2024s thru 2026s

Varsity and Junior Varsity Basketball

2020s thru 2023s

Girls Basketball2021s thru 2026s

PRACTICE AND TOURNAMENT SCHEDULE

The preliminary practice and tournament schedule is online now via Team Snap. June and July 2020 will be a hectic two months to help prepare for the entire basketball season. We are in the process of finalizing gyms. We will post locations as they are finalized. It will be extremely important for all players to attend all practices in order to ensure our success for the season. It is open for parents to secure a facility that would accommodate the program. Touch base with Coach Green for more details.

FUNDRAISERS

Because of our extensive schedule for the upcoming season, we are organizing fundraisers and sponsorship letters to help cover the cost. If anyone has any ideals for fundraisers, resources, or potential sponsors, please feel free to organize the idea and present it to the Coach Green, Mr. Brandon, or Ms. Harris first, and then the parents.

ONLINE PAYMENTS AND APPAREL PURCHASES

Each year it costs thousands of dollars to send our teams to the best tournaments available, have our coaches trained, and to have profession trainers work with our players. Due to the extensive travel schedule for each team, budgeting is very important. Joshua Christian Academy, as a school and staff, covers over half of each team's budget. **Player monthly fees, fundraisers, and donations are mandatory help to cover the other half of the budget.** The current fee will be \$50 and can be paid entirely or payments can be made to Mrs. Johnson in the front office.

A product list, including prices, will be posted online. Items will be added as we are updated from coaches. Players that will play must buy or rent the products and uniforms for that particular team. The teams will have the option to purchase the products of another team.

Online Store

Special Note: We are only allowed to wear Joshua Christian Academy apparel at practices and events.

Parents please share this information with your child. Players share this information with your parents.

All information throughout the season will be posted on the website at www.jcacademy.org. We will also communicate through our online website and text messages.

If you are not on the text or group me list, please email your Coach to make sure your information is place on the contact lists.

Thank you in advance for your dedication and commitment to another successful season. Communicating through text is best for me. If someone has not received the access to this information, please do not assume anything.

Please email Coach Green at greenjr.elroy@gmail.com or text 904 405.0679 if someone has not received the information.

Elroy Green

Joshua Christian Academy – Athletic Director